



TRI-BOROUGH

Home Care, Ltd.

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BRINGING HEALTHCARE HOME

A NETWORK OF COMMUNITY
HOME HEALTH PROVIDERS



TRI-BOROUGH HOME CARE HAS THE ABILITY TO HANDLE A WIDE VARIETY OF CASES FROM THE SIMPLE TO THE COMPLEX:

COMMON DIAGNOSIS INCLUDE:

- Angina
- Burns
- CAD
- Congestive Heart Failure
- Chronic Airway Obstruction
- CVA
- Dementia/Alzheimers
- Depression
- Dysphagia
- Gentile Osteoporosis
- Glaucoma
- HIV
- Hypercholestermia
- Hypertension
- IDDM (Diabetes)
- Neurogenic Bladder
- Ortho-Total Knee/Hip
- PVD
- Ulcer/Open Wound



AGENCY PHILOSOPHY

To Achieve Excellence In Home Care Services Through Demonstrated Competence, Caring And Concern For The Needs Of Our Patients. Every Employee Is Critical To Contribute Meaningfully To Our Efforts And Respect The Dignity And Individuality Of All Persons.

PROFESSIONAL & PARA-PROFESSIONAL HOME HEALTH CARE PROVIDERS

We provide customers with a single source for all their home care needs, including rare disorders like Alzheimers and Dementia. Services range from high-tech therapies to assistance with the basics of daily living and include:

- Assessment
- Medical social worker
- Home health aides/ Personal care assistants
- Infusion therapy
- Home medical equipment
- Nutrition Counseling
- Physical, occupational and speech therapy
- Venipuncture
- Wound care V.A.C. Therapy
- Dressing Change
- Skilled nursing
- Enteral/Parenteral Therapies
- Medications Instruction
- Bathing and other personal care
- Teaching Ostomy Care
- Disease management
- Pediatric and perinatal care
- Catheter Care/Changes
- Ostomy Management
- Medical Management
- Monitoring Acute Conditions

What is home health care?

Home health care is becoming a much more common way to receive medical care, whether it's for at-home nursing care after a hospital stay or ongoing assistance with daily living. The reasons vary. Patients are being discharged sooner from hospitals and are receiving care in their own homes. Thanks to technological advances, many procedures, including dialysis, chemotherapy and wound care, which previously could be performed only in a medical facility, can now be safely and efficiently carried out in a home setting. As time goes on, it is expected that more and more Americans will be receiving much of their medical care where they prefer - in the comfort of their own homes.



Why choose home health care?

The benefits of receiving home care go beyond the obvious ones of comfort and convenience. Home care draws on the resources and support of the family and recognizes these as essential to the healing process. Additionally, many physicians maintain that patients recuperate quicker and more fully in a home environment, among family, friends, and familiar settings. And with the cost of home health care averaging \$86 per visit versus \$1,965 per day for a hospital visit, patients, insurers and providers are realizing the substantial benefits associated with home health care. One of the most satis-



Key features of home health care is the one-on-one relationship that patients develop with their home caregivers. People often feel more comfortable in their own homes. This allows the patient/family and caregiver to form a team, and to develop a level of trust and compliance essential for treatment success. Tri-Borough Home Care is a part of that team.

Who receives home health care?

People of all ages receive home health care. A baby receiving phototherapy for jaundice, an injured worker needing physical therapy for a back injury, and an elderly person requiring post-operative care after a hip replacement - all of these patients now are able to leave the confines of a hospital setting and receive quality care in their own homes.

HOME CARE NURSING AND CLINICAL SUPPORT FROM TRI-BOROUGH FOR PATIENTS AND THEIR FAMILIES

Nurses: At Tri-Borough Home Care, registered nurses coordinate all aspects of care: health care services, home medical equipment, and infusion therapy. The hours of nursing services may include short-term/intermittent; extended care; private duty; and around-the-clock. On home visits, our nurses practice patient-focused family-centered care that encompasses a patient's physical and emotional health. In addition, nurses with specialty experience are available including:

- Medical/surgical
- HIV/AIDS
- Pediatrics
- Perinatal, including maternal/infant and phototherapy
- Woman's health
- Rehabilitation
- Geriatrics
- Infusion



Occupational Therapists: These professionals help patients restore functioning, develop strength and coordination, retrain nerve pathways, and learn compensation techniques. Occupational Therapists also provide observations and assessments of the patient's condition and instruction to the patient/family on self-management techniques.

Physical Therapists: These professionals provide skilled therapy interventions in the treatment of the patient's illness, rehabilitative needs and preventive care. They use a holistic approach in providing ongoing assessments, problem identification, specific therapeutic interventions and teaching and training activities.

Speech/Language Pathologists: Speech language pathologists evaluate patients and provide speech/language services in the home. Scope of activities includes assessment and treatment of disorders of the voice, language, hearing, swallowing; administration of diagnostic tests; audio logic screening; instruction and training in use of alternative communications



systems; development of a written maintenance plan; supervision and instruction of patient and family.

Home Health Aides: Home Health Aides at Tri-Borough Home Care deliver basic personal care, check vital signs such as pulse and temperature, and monitor the patient's nutrition and fluid intake. Home health aides also assist the patient with activities of daily living from bathing and personal care to light housekeeping and meal preparation. They also will spend time with patients, through such activities as talking together, reading or listening to music.



Personal Care Assistants: These caregivers can function as companions to homebound patients or work in conjunction with home health aides and nurses on multiple cases. Responsibilities include personal care services such as talking with patients or reading aloud, simple companionship, light housekeeping and cooking, shopping and running errands, and any other activities that help the household run smoothly during an illness or personal crisis so that the family can spend more time with the patient.

Quality of Caregivers: All caregivers undergo a thorough screening process, including one-on-one interviews, skill-testing, reference checks and criminal background checks to ensure that qualified caregivers are selected.

UNDERSTANDING INSURANCE

Tri-Borough Home Care has a team of dedicated reimbursement professionals. This team can provide much-needed assistance to patients with insurance related questions, from benefits verification and claims filing, to billing and reimbursement. In most cases, Tri-Borough will bill a patient's insurance company so the patient doesn't have to pay for therapies up front and then file claims for reimbursement. At present we are providers for the following health maintenance organizations:

- Atlantis Health Plan
- Adap/Adap Plus (HIV/AIDS uninsured)
- Aetna-US Health Care
- CIGNA HealthCare
- Elderplan Medicare
- Gentiva Care Centrix
- GHI
- Medicaid (Private Duty Nursing)
- New York State Insurance Fund (Workers Compensation)
- No Fault Insurance
- Private Pay
- United Health Care Insurance
- Veterans Administration